

Summary of PT KB Year 6 Report

Highlights

1. **Sustained user engagement** with resources
 - Total of ~164,000 views of all resources
 - 34,000 additional views this year and ~85, 000 views total of tendinopathy toolkits
2. **Facilitated updates** of 4 existing resources to incorporate new literature
3. **Enhanced personal KT knowledge, skills, tools and networks** with the completion of a 6 month course in “Practicing Knowledge Translation”
4. **Contributed to the KT literature with a new conceptual model in knowledge brokering**
Video abstract @ https://www.youtube.com/watch?v=udp8JNu_tL4&feature=youtu.be
5. **Published the first evaluation of the outcomes of a PT KB project**: the evaluation of the outcomes of the Achilles Tendinopathy Toolkit which revealed that those who reported familiarity with the toolkit were twice as likely to select recommended interventions
6. **Established traction for the development of a KT Innovation Hub** – aligning development with synergistic initiatives including the Providence rebuild and the development of the BC SPOR Support Unit and Academic Health Sciences Network
7. **Advanced the sustainability of KT in BC** – e.g. BC KT CoP, PHC KT CoP, MSFHR KT pathway
8. **Enhanced personal knowledge, skills and experience in use of technologies** to support KT, support evidence-informed skill development and practice; and patient engagement
 - E.g. WICKED, OPERAS, TJAOM online modules, Walk 10 Blocks app, Move More Sit Less website development
9. **Expanded knowledge, skills, experience in evaluation**
 - E.g. KT tools such as The Consolidated Framework for Implementation Research / Theoretical Domains Framework / logic models; WICKED outcomes
10. **Developed new partnerships**
 - Personalized Medicine Initiative, Pain BC, Osteoporosis Canada
11. **Invited to collaborate on international initiatives**
 - E.g. Physiopedia interview <https://www.youtube.com/watch?v=ovmTiS6MznQ> and shared presentation with international colleagues (IFOMPT)
12. **40% of grant applications submitted were funded for a total of ~\$283,000**

Goals for Year 7

- 1. Complete the build of Move More Sit Less Physical Activity Support Kit website**
- 2. Strengthen knowledge/ skills in patient engagement in research**
 - E.g. Contribute to development of how-to manual for patient engagement in research (“It IS about us!”), development of Patient Engagement in Research Scale and Patient engagement in outcome measurement (OMERACT)
- 3. Use new KT knowledge/skills/ resources/tools/networks acquired from recent KT training to enrich projects such as SAVE BC**
- 4. Continue contributions to building and sustaining knowledge translation / knowledge brokering in BC**