BC Physical Therapists
Continuing Professional Development
Needs Assessment

A partnership between UBC, PABC and CPTBC
Objective:

To perform an inventory of CPD needs with the end goal of developing a strategy to build capacity through clinical faculty development for quality clinical education in the province in order to support recruitment and retention of new graduates and clinical educators, and ultimately enhance CPD programming and patient care.
Key Research Questions

What is the current CPD landscape for Physiotherapists in BC?

What factors influence the landscape of CPD for Physiotherapists?

What strategies and educational approaches can improve CPD activities that meet the needs of Physiotherapists in BC?
Methods

- Advisory Committee of stakeholders: including CPTBC, PABC, practicing PTs
- Literature review & Environmental scan
- Key informant interviews
- Development of the *BC Physical Therapists Needs Assessment Survey*
- Online survey emailed to PTs in Oct. 2013
Results:

- Email sent out to 3,560 PTs registered with CPTBC
- Survey open for 6 weeks
  - 3 reminders and 3 prizes
- 557 surveys completed
  - 16% response rate
- Demographic characteristics of the sample was comparable to the CIHI data of PTs in the province
Landscape of CPD in BC

- 94% of respondents view CPD as important to their practice, with many suggesting it should be mandatory.
- Over half spend between 1 and 20 hours of CPD; over a quarter spend > 20 hours of CPD in a typical year.
- 41% estimate that they spend > 20 hours of self study in a typical year.
- 60% participated in mentoring activities.
- PTs are intrinsically motivated to participate in CPD.
Further Perspectives on CPD

- 88% of respondents preferred the format of clinical hands-on courses
- 69% reported that they preferred self study formats
- Webinar and video-cast formats were the least desirable means of participating in CPD
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<thead>
<tr>
<th>Barriers</th>
<th>Enablers</th>
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<td>Cost of registration &amp; travel for CPD</td>
<td>Topic area / learning objectives</td>
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<td>Social &amp; family obligations</td>
<td>Intrinsic desire to learn</td>
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<td>Professional obligations</td>
<td>Extend / change area of knowledge or practice</td>
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<td>Loss of income associated w/ participation in CPD</td>
<td>Belief that CPD improves practice &amp; fills gaps in knowledge</td>
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<td>Location</td>
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Satisfaction with workplace support of CPD

- Satisfied: 52%
- Not satisfied: 29%
- Neutral: 19%

42% of PUBLIC PTs & 60% of PRIVATE PTs are satisfied with workplace support of CPD.
Discussion

- Tailor format of CPD to match learning preferences
  - Increase the availability of CPD activities shorter in duration
  - Increase the geographic distribution of CPD offered
  - Combine content areas of perceived and unperceived need
- Encourage workplaces to consider how they can better support PTs participation in CPD
- Consider the development of a shared model to effectively and efficiently coordinate CPD amongst stakeholders in the province to:
  - Increase distribution of CPD and increase efficiencies in delivery
  - Expand interprofessional learning opportunities
  - Consider standards for CPD
  - Support local knowledge experts
Thanks to...

UBC Faculty of Medicine Division of CPD

You - Physiotherapists who participated in the Needs Assessment

*Come see our poster in the UBC Lounge*