

# VESTIBULAR REHABILITATION COURSES

**April 4 - 5, 2020**

Neuro-Ability Rehab Services,  
Vancouver, BC

## Introduction to Assessment & Management

*Two-day practical course*

This course provides a concise, evidence-based overview of vestibular rehabilitation, including peripheral vestibular disorders, central conditions, and cervicogenic dizziness.

Through lectures, group work, practical sessions, and case studies, participants will become familiar with assessment and treatment of common vestibular conditions. Participants will learn how to create customised vestibular rehabilitation programmes for peripheral and central conditions, which includes balance and gait retraining.

The content is evidence-based and relevant to Physiotherapists and Occupational Therapists working in orthopaedics, neurology, and gerontology. Participants are provided with a comprehensive course manual with all relevant outcome measures and references.

Courses includes two hours of pre-course lectures to allow for more hands-on experience. Limited to 18 participants. Lunch and snack are provided.

**May 30, 2020**

Neuro-Ability Rehab Services,  
Vancouver, BC

## Benign Paroxysmal Positional Vertigo (BPPV): Beyond the Basics

*One-day practical course*

This course provides in-depth training for the assessment and treatment of BPPV. It includes 12 different treatment approaches for BPPV and deals with complications such as motion sensitivity, persistent recurrence of BPPV, and other clinical challenges.

This course focuses on case studies and allows for hands-on experience with each technique. Participants should have previous experience treating BPPV. Participants will improve their ability to effectively manage BPPV in orthopaedic, neurological, and geriatric patient populations.

Participants are provided with a comprehensive course manual with all relevant outcome measures and references. Limited to 16 participants. Lunch and snack are provided.

### **COURSE DETAILS**

**Course Hours:**

**Registration 8:00-8:30am  
8:30am to 4:30pm**

**Location:**

**Neuro-Ability Rehab Services  
1156 Kingsway Unit 100  
Vancouver, BC V5V 3C8**

**Contact Nicole Acerra for  
more information:**

**nicoleacerra@hotmail.com  
(778) 995 3466**

# VESTIBULAR REHABILITATION COURSES

## Two courses are available:

Introduction to Assessment & Management (April 4-5, 2020)

Benign Paroxysmal Positional Vertigo (BPPV): Beyond the Basics (May 30, 2020)

### COURSE DETAILS

#### Course Hours:

Registration 8:00-8:30am  
8:30am to 4:30pm

#### Location:

Neuro-Ability Rehab Services

[www.neuro-ability.ca](http://www.neuro-ability.ca)

1156 Kingsway, Unit 100  
(at Glen Drive)  
Vancouver, BC V5V 3C8

Limited to 18 participants

Lunch and snacks provided  
Includes extensive manual

#### **Contact Nicole Acerra for any questions:**

nicoleacerra@hotmail.com  
(778) 995.3466

### COURSE REGISTRATION

Full Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Work Location: \_\_\_\_\_

**Introductory Course (\$550; \$450 for MPT students)**

Saturday April 4 – Sunday April 5, 2020

**BPPV Beyond the Basics Course (\$300)**

Saturday May 30, 2020

***Cheques made out to: Nicole Acerra***

**Pleas mail registration form and cheque to:**

**909 Moody Ave, North Vancouver BC, V7L 3T3**

**Please include email to ensure you receive confirmation of registration and pre-readings (2 weeks before course)**

### **Nicole Acerra PhD BScPT BA, Clinical Specialist, Neurosciences (Member CPA)**

Dr. Nicole Acerra has 20 years clinical experience in neurological and vestibular physiotherapy treating patients in acute and outpatient settings. Nicole began by completed her psychology and physiotherapy degrees at Queen's University, Canada. After working as a neurological physiotherapist in Canada, the US and Australia, she undertook doctoral studies at The University of Queensland, Australia. Her post-doctoral research at UBC investigated the mechanisms underlying neuroplasticity and motor learning after stroke. She is currently works in neuro rehab outpatients and sees private vestibular patients.