

# FOUNDATIONS HEALTH EDUCATION

## Modern Dry Needling: Anatomical Intramuscular Stimulation 1

**AN-IMS 1 (Anatomical Intramuscular Stimulation 1)** is an intensive 4-day, hands-on dry needling course created for practitioners who have not taken any IMS/Dry needling courses previously, are new to this application of dry needling or need an approved course to roster in their province. This includes those who have previous acupuncture training. AN-IMS 1 instructs participants in the neuropathic clinical reasoning framework, enabling the practitioner to safely treat across patient populations using IMS. In this course participants will gain the assessment skills and significant practical experience applying IMS/dry needling to treat the *whole body*.

**ANIMS-1** is the **equivalent of parts 1 and 2** of other dry needling programs. The **entire body** including entire spine, skull, jaw, entire lower extremity, and entire upper extremity are covered in this comprehensive 4-day course. You will be able to apply for rostering following successful completion of ANIMS-1\*

*\*Confirm with your local College guidelines on rostering due to COVID delays in exams.*

### Key Learning Objectives for AN-IMS 1

- To comprehensively review anatomical structures and regional restrictions to determine appropriate patient selection for the application of Dry needling/IMS (AN-IMS).
- To understand and apply neuropathic theory and the FHE clinical reasoning framework to successfully perform Intramuscular Stimulation (AN-IMS) on your patient populations.
- To safely and effectively treat the *whole body* using Dry needling/AN-IMS.

## Course Details

Date: October 6-9, 2023

Location: Richmond Oval, 6111 River Rd, Richmond, BC V7C 0A2

Online Module and Case Study: 70 Hours

On Site: 4 days x 10hrs/day = 40 Hours

Cost: CAD \$2195+ applicable taxes

## Contact

Visit our website to register and for the full course outline. If you have any questions, would like further information please contact us at [info@foundationsedu.ca](mailto:info@foundationsedu.ca). We look forward to hearing from you!

Website: [Foundations Health Education ANIMS 1](#)

-The Foundations Health Education Team

