

ASSESSMENT & MANAGEMENT OF RHEUMATIC DISEASES: A Skills Workshop for Physical Therapists April 27-30, 2020

Whether you're new to arthritis or need a refresher, this evidence-based and practical workshop will enhance your clinical skills in arthritis care!

Workshop content:

- Overview of rheumatic diseases including pathophysiology & clinical presentation of rheumatoid arthritis (RA), spondyloarthritis & osteoarthritis (OA)
- Medical management of arthritis including the latest biologic drug therapy
- Physical therapy assessment & management in RA, spondyloarthritis & OA
- Non-pharmacological interventions for pain management
- Patient education & self-management strategies
- Surgical management & rehabilitation after hip & knee arthroplasty
- Imaging for arthritis
- Exercise prescription & physical activity resources
- Practical use of outcome measures in arthritis
- The Arthritis Society & other community education & support services
- Interdisciplinary case studies



Sessions run from 8 am to 4:30 pm each day and take place at the

Mary Pack Arthritis Centre,
895 West 10th Ave., Vancouver

Registration begins at 7:45 am on Day 1.

Space is limited!

Priority will be given to applicants from BC, and based on community need and arthritis caseload.

REGISTRATION FORM

FEE: \$800 (\$762 + \$38 GST) (EARLY BIRD \$650 (\$620 + \$30 GST) – by Jan. 31, 2020)

Cheque payable to: **Vancouver Coastal Health Authority**

Please send cheque to: Leila Scharnberg
Mary Pack Arthritis Centre
895 West 10th Ave.
Vancouver, BC V5Z 1L7

Registration

Registration is limited. **Registration deadline is Wednesday, April 1, 2020. A cheque must accompany your registration form.** Your registration will be confirmed by April 3, 2019. If you are a permanent VCH or PHC physiotherapist and are interested in applying, please contact Marie Westby (see below) for course fee options.

Cancellation Policy

Your workshop fee, less a \$50.00 cancellation fee, will be fully refunded provided notice of withdrawal is received prior to **April 17, 2020**. Additional costs, such as airline and hotel expenses, are the responsibility of the registrant.

Tell us a bit about yourself to help us better meet your learning needs!

Year graduated in PT: _____ University: _____

Amount of rheumatology instruction in undergrad program: _____ hours

Continuing Education in Rheumatology:

Date: _____ Hours: _____ Location: _____

Date: _____ Hours: _____ Location: _____

% of arthritis in my clinical caseload: <25% 25-50% >50%

The main diagnoses I see are (check all that apply): Osteoarthritis RA/inflammatory arthritis
 AS/spondylitis Hip/knee arthroplasty Other: _____

Name: _____ Place of Work: _____

Work Mailing Address: _____

Phone: (W) _____ (H) _____ (Fax) _____

E mail: (W) _____ (H) _____

Contacts

Greg Noonan
PT Practice Coordinator/Resource Therapist
Tel: (604) 875-4111 Ext. 68835
Email: gregory.noonan@vch.ca

Marie Westby
ACE Program Coordinator
Tel: (604) 875-4111 Ext. 68834
Fax: (604) 875-4022
Email: marie.westby@vch.ca

***Sponsored and Conducted by:
Physical Therapy Department - Mary Pack Arthritis Program
Vancouver Coastal Health Authority***