



The ISM Series

Clinical Mentorship in the Integrated Systems Model

Full details at <https://learnwithdianelee.com/course/the-series/>

Logistics and registration here <https://learnwithdianelee.com/product/2023-ism-series-south-surrey-bc/>

The 2023 ISM Series will continue to be small group learning (18 students max). Join Diane Lee, and her team of highly skilled assistants, and immerse yourself in a series that will improve your clinical efficacy for treating the whole person using the Integrated Systems Model.

- Organize your clinical knowledge and hone your practical skills through the in-class sessions and clinical reasoning skills through the online forum weekly requirement homework
- Learn which phenotypes of pain are suitable for this approach
- Develop meaningful assessments that focus on function to alleviate nociceptive or neuropathic pain
- Learn how “trauma tools” are integrated with ISM for the blended phenotype (non-dominant nociplastic pain patterns)
- Integrate YOUR models with ISM.

Blended Learning

This is both an online and in-class course that will provide online lecture learning leaving lots of practical/clinical time to focus on acquiring the skills to put this model into practice. You will learn the theoretical concepts of the ISM approach online via complimentary access to many hours of lectures, short practical video clips, and complete case reports. Following the in person parts, there is weekly group homework that consolidates the clinical reasoning principles for both ISM assessment and treatment.

- Part 1 introduces the basic principles of ISM and applies it to the trunk (3rd thoracic ring to the hips).
- Part 2 introduces the cranium, neck and shoulder girdle and goes deeper into the articular system of the thorax, lumbar spine and SIJ. Every part loops back to integrate with the previous one.
- Part 3 goes deeper into the cranium, lower and upper extremities, integrates neurodynamic testing with ISM, and covers the articular system of the neck. This part is a whole body/person focus and a short part on trauma and its impact on the sympathetic nervous system and thus adverse neural mobility.



What Past Participants Say about ISM and this Series of Courses

“The ISM Series has been an experience to be remembered. The Learn with Diane Lee teaching team is phenomenal - supportive, encouraging, challenging and wow do they ever know their stuff!! The course content pushes participants to clinically reason, dig through their skills toolboxes to pick the best interventions for that person in that moment, and never is there only one right way to do things. The format of the course allowed for us to continually loop back and review/practice pieces learned earlier which really helped with integration. I think it would be hard to find another course so integrative, bringing in research, clinical techniques from many sources, the whole body, as well as its systems -including the mind and nervous systems. This is definitely a course to consider for physiotherapists looking for a fresh perspective.” Leigh Fortuna

Course Details

Dates (2023): Part 1: January 17 4 hours online 5:30 – 9:30pm, January 20-23 2023 all day in person 8:30 – 5:00pm Part 2: March 28 4 hours online 5:30 – 9:30pm, March 31 – April 3 2023 all day in person 8:30 – 5:00pm Part 3: June 6 4 hours online 5:30 – 9:30pm, June 9-12 2022 all day in person 8:30 – 5:00pm

Tuition includes: online course support lectures & videos, digital and printable color manuals, The ISM Flow Course package (over 300 videos of skills), 12 days of practical classes and a private forum group for clinical reasoning homework and support 24/7.

Course size: 18 participants

Instructor: Diane Lee, Senior Assistants: Cathy Rogers, Kelly Meddings, Calvin Wong

Registration: <https://learnwithdianelee.com/product/2023-ism-series-south-surrey-bc/>