



KIP FRASZI / *The Daily Courier*

Randy Goodman, a physiotherapist at Westbank Physiotherapy, has been selected for the Pan Am Games in Winnipeg. Goodman is one of two therapists in the valley to hold a diploma in sport therapy.

SPORTS MEDICINE

Pain killer for Pan Am athletes

By **SHELLEY WOOD**

Special to *The Daily Courier*

A Westbank physiotherapist is in Winnipeg to look after the muscles, bones and joints of some of the world's top athletes.

Randy Goodman will offer his services as a member of the Host Medical Committee at the Pan Am Games in Winnipeg, beginning Monday.

Goodman, who will provide care for athletes in gymnastics, track and field and wrestling, says he expects to treat a range of injuries, "from minor overuse injuries to potential trauma.

"We hope to see nothing," says Goodman, "but that's usually not the case."

The Host Medical Committee is responsible for treating all athletes, not just a single team. Many teams come with their own medical professionals but the host team will offer additional care, or help athletes who do not have their own medical personnel.

Goodman expects to work more with visiting athletes than with the Canadian team.

He holds a diploma in sports physiotherapy and has worked with the Canadian Freestyle Ski Team and the Canadian Figure Skating Association.