

May 9 - Is Virtual Physio Care Right for Me?

Virtual treatment is largely the same as an in-person treatment. The physiotherapist asks questions to assess your injury, levels of pain, and progress towards improvement, while helping guide you through the proper exercises for a healthy recovery. Virtual physiotherapy can be an enjoyable and rewarding new way for patients to treat and manage their injuries with professional guidance. Your physiotherapist will be able to determine if virtual care is right for you and your specific condition(s), based on the nature of your injury and recommended treatment.

Consult with your physiotherapist to find out more!

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