

May 27- Physio Can Help Manage Neurological Symptoms

3.6 million Canadians are affected by neurological conditions, suffering from problems originating from the nervous system, including the brain, the spinal cord and the peripheral nerves. Common conditions include strokes, traumatic brain injuries, spinal cord injuries, multiple sclerosis, cerebral palsy, dementia and Parkinson's. A Physiotherapy treatment plan including exercise has proven to help manage symptoms of neurological conditions, and even potentially slow down the progression of some debilitating neurological diseases.

https://www.youtube.com/watch?time_continue=2&v=ixaX2hNpk0&feature=emb_logo

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#PhysioCanHelp

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