

May 19 - Physios Support Men's Health

Pelvic health concerns are gaining awareness. Pelvic floor physiotherapy can be beneficial in addressing some of the issues that men experience when their pelvic floors are not functioning properly, such as:

- Post-Prostatectomy Incontinence
- Erectile dysfunction
- Chronic Prostatitis
- Frequent nighttime urination
- Urinary retention associated with Benign Prostatic Hyperplasia

<https://physiocanhelp.ca/your-health/men/>



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