

## May 18 - Physiotherapy Supports Patients During Cancer Treatment

If you receive cancer treatments, you may experience extensive physical limitations during and after your treatments. These limitations can include cancer-related fatigue, pain, nerve damage, lymphedema, deconditioning, as well as incontinence. There is strong evidence to support that conservative management of these impairments through physical therapy can help to manage pain, maximize independence and improve quality of life. As each individual experiences different impairments during and after cancer treatment, it is important to have an individualized evaluation to focus your rehabilitation.

<https://physiocanhelp.ca/blog/what-is-the-role-of-physical-therapy-in-cancer-recovery/>

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