

May 16 - Physios Support Women's Health

1 in 3 women in Canada have a form of Pelvic Floor Dysfunction that impacts their lives. From constipation to incontinence to painful sex, physiotherapy can help patients can attain results, effectively overcoming their condition. Although issues around pregnancy may remain a focus of women's health physiotherapy, you don't need to be pregnant to see a physiotherapist focusing in women's health.

<https://www.youtube.com/channel/UCTmG1rD3EdqbNt8L5U7oIjw>



#PhysioCanHelp

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