

May 20 - Physiotherapy in the ICU Improves Patient Outcomes

Prolonged immobilization in an Intensive Care Unit (ICU) puts patients at risk for complications such as deconditioning, ICU-related weakness, myopathy and neuropathy, respiratory infections, and contractures. Physiotherapy treatment in the ICU is focused on early mobilization of critically ill patients and respiratory management of patients who are ventilator dependent. Early intervention by a physiotherapist leads to improvements in quality of care.

<https://physiotherapy.ca/blog/early-bed-cycling-icu-perspectives-frontline-pt>

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